

You Must Sleep.

If you cannot, it is due to an irritated or congested state of the brain, which will soon develop into nervous prostration.

Nature demands sleep, and it is as important as food; it is a part of her building and sustaining process. This period of unconsciousness relaxes the mental and physical strain, and allows nature to restore exhausted vitality.

Dr. Miles' Nervine brings refreshing sleep, because it soothes the irritation and removes the congestion.

It is also a nerve builder; it nourishes and strengthens every nerve in your body, and creates energy in all the organs.

Nothing will give strength and vitality as surely and quickly as Dr. Miles' Nervine.

"During the past winter I had two attacks of La Grippe which left me very weak, and in bad condition. I was so nervous I could not sleep. My wife, after trying different remedies, went for a doctor. The doctor was out, and a neighbor recommended Dr. Miles' Nervine, and also a bottle of it. I had not taken it some time, and had terrible pains in my head. After taking a few doses of Nervine the pain was not so severe, and I slept. I am now taking the second bottle, and am very much improved."

HENRY M. SMITH, Underhill, Vt.
Dr. Miles' Nervine is sold by your druggist, who will guarantee that the first bottle will benefit. If it fails, he will refund your money.
Miles Medical Co., Elkhart, Ind.

DO YOU WANT TO
Buy, Sell or Exchange your
Real Estate?
DO YOU WANT TO
Borrow Money on your Farm
Property?
Titles Examined. Business Promptly
and Accurately Performed.

F. E. BOOSINGER
Attorney and Counselor
East Jordan - Michigan.

Rags FROM OLD CARPETS

It will pay you to investigate before you place your orders for rugs. We are a responsible incorporated concern with a capital of fifteen thousand dollars and have factories at Petoskey, Michigan, Soo, Canadian Soo, Ontario. We are the originators of "Sanitary Rugs," trademark, from old carpets, all others are imitations. Write for a booklet. We have no agents canvassing. We pay the freight. All work guaranteed.
Petoskey Rug Mfg. Carpet Co., Ltd.
53-557 Mitchell street. 481

W.A. Loveday
Notary Public
With Seal.
ALSO
Real Estate Agency.
If you want to buy or sell, call at the Office in Loveday Block.

LIPPINCOTT'S
MONTHLY MAGAZINE
A FAMILY LIBRARY
The Best in Current Literature
12 COMPLETE NOVELS YEARLY
MANY SHORT STORIES AND
PAPERS ON TIMELY TOPICS
\$2.50 PER YEAR; 25 CTS. A COPY
NO CONTINUED STORIES
EVERY NUMBER COMPLETE IN ITSELF

PILES in any form are dangerous, health-destroying, death-dealing. 25 cents cures your life. A trial jar of "Hemorrhoid" Salve will prove its infallibility. 25¢. All druggists. Hemorrhoid Remedy Co., Chicago.

Frank Phillips
Tonsorial Artist.
When in need of anything in my line call in and see me.
LaLonde Building. East Jordan

Moses Lemieux
Practical Horseshoeing
and General Blacksmith
All kinds of wood repair work done promptly.
Last Shop East end of State-st.

ECZEMA the most hopeless cases cured with "Hemorrhoid" Salve. Guaranteed. All druggists. 25¢. Book free. Hemorrhoid Remedy Co., Chicago.

Pointed Paragraphs.

One stitch in time is better than two in the side.

Nonsense is the sense that differs from your own.

If you can't get what you like try to like what you get.

Togo is not having nervous prostration. It may be noticed.

Present indications point to an open summer—for umbrellas.

The man who is hard pushed for money usually gets a backward shove.

More dust seems to accumulate on the family Bible than on the cook-book.

Come to think of it, it's wonderful what civilization hasn't done for mankind.

There is no patent on trouble, yet lots of men have been arrested for making it.

Oregon and Delaware have the whipping post for wife-beaters. Other states please copy.

Perhaps a few rich men may be able to get into Heaven by showing their tax receipts.

When the right young man comes along a girl doesn't have to give him any encouragement.

It isn't much consolation to the homely woman to know that every mirror has a silver lining.

Paris, which thinks the Japanese "are not to be taken seriously," should ask Russia about this.

There is only one place in the world where you can live a happy life, and that is, "inside" of your income.

Many a man remains a bachelor to the finish because he is afraid that if he marries the girl of his choice he would also have to wed her family.

How unhappy the lot of the boarding-house landlady! Strawberries no sooner get cheap than the boarders begin to kick for peaches and watermelon.

A doctor in Iowa has won fame by insisting the sacrifice of whiskers on the altar of health. His theory is a smooth one on the face of it, and offers a good opportunity for his old populist friends to modernize a little.

WANTED: Man with rig for country and inland towns, and man or woman to cover railway territory in this district as collector and advertiser for Wholesale House. Salary \$60 to \$80 per month and expenses paid weekly. No investment. Expenses advanced. Apply with reference to C. W. Stanton Co., Monon Block, Chicago, Ill.

A PROMINENT TRAINMAN.
The many friends of G. H. Hausen, Engineer L. E. & W. R. R., at present living in Lima, O., will be pleased to know of his recovery from threatened kidney disease. He says: "I was cured by using Foley's Kidney Cure, which I recommend to all, especially to trainmen, who are usually similarly afflicted." Sold by L. C. Madison.

East Jordan & Southern R. R.
TIME TABLE.
(In effect May 1, 1905)
LEAVE EAST JORDAN at 8:00 a. m. and 1:30 p. m.; Arriving at Bellaire at 9:00 a. m. and 2:30 p. m.
LEAVE BELLAIRE at 10:00 a. m. and 3:30 p. m.; Arriving at East Jordan at 11:00 a. m. and 4:30 p. m.
All trains daily except Sunday.
Trains run by central standard time.
W. P. PORTER, E. J. CROSSMAN, Gen. Manager. Traffic Mgr.

PERE MARQUETTE
In effect May 1, 1905.
Trains leave Bellaire as follows:
For Traverse City, 9:58 a. m., 3:10 p. m. and 4:15 p. m.
For Grand Rapids, Chicago and West 9:58 a. m., 3:10 p. m. and 4:15 p. m.
For Charlevoix and Petoskey:—2:45 p. m., 8:05 p. m. and 9:20 a. m.
H. F. MOELLER, General Passenger Agent.
F. N. STEWART, Agent, Bellaire.

Detroit & Charlevoix R. R.
Time Schedule in effect Sunday, Jan'y 1st, 1905.
Going East Stations Going West
A. M. Leave Arrive P. M.
9 00 Leave East Jordan 6 45
9 20 Wards 6 15
9 25 Jordan River 6 10
9 30 Graves' Camp 6 05
9 40 Green River 5 50
10 30 Albia 5 30
11 40 Deward 4 40
12 15 Frederic 4 10
CLARK HAIRE, General Manager.

HOLLISTER'S
Rocky Mountain Tea Nuggets
A Bary Medicine for Bary People.
Brings Golden Health and Renewed Vigor.
A specific for Constipation, Indigestion, Liver and Kidney Troubles, Pimples, Eczema, Impure Blood, Bad Breath, Sluggish Bowels, Headache and Backache. It's Rocky Mountain Tea in tablet form, 35 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis.
GOLDEN NUGGETS FOR SALLOW PEOPLE

ECZEMA the most hopeless cases cured with "Hemorrhoid" Salve. Guaranteed. All druggists. 25¢. Book free. Hemorrhoid Remedy Co., Chicago.

THE ORIGINAL.
Foley & Co., Chicago, originated Honey and Tar as a throat and lung remedy, and on account of the great merit and popularity of Foley's Honey and Tar many imitations are offered for the genuine. Ask for Foley's Honey and Tar and refuse any substitute offered as no other preparation will give the same satisfaction. It is mildly laxative. It contains no opiates and is safest for children and delicate persons. Sold by L. C. Madison.

List of Advertiser Letters.
Following is a list of the letters remaining uncalled for in the East Jordan postoffice for the week ending June 5th, 1905:
Bush, John
Livingston, Dines
McCarthy, Mrs. Jennie J.
Riley, Mrs. A.
Reinhart, Hattie
Troy, Nettie
FRANK A. KENYON, P. M.

EXCURSIONS VIA THE PERE MARQUETTE

KNIGHTS' TEMPLAR—DETROIT.
For the annual convocation of the Michigan Grand Commandery, Knights Templar, June 13th to 15th, at Detroit, Pere Marquette Agents will sell tickets at a rate of one fare for the round trip, plus 25 cents. Good going June 12th and 13th, and limited to June 16th for return.

STATE ENCAMPMENT, G. A. R. TRAVERSE CITY, JUNE 19 to 21.
For above occasion tickets will be sold at rate of one fare plus 25 cents for the round trip. Tickets good going June 17th to 20th, and limited for return to June 23rd, 1905.

BILIOUSNESS AND CONSTIPATION CURED BY THE DRAUGHT

Because the liver is neglected people suffer with constipation, biliousness, headaches and fevers. Colds attack the lungs and contagious diseases take hold of the system. It is safe to say that if the liver were always kept in proper working order, illness would be almost unknown.

Thedford's Black-Draught is so successful in curing such sickness because it is without a rival as a liver regulator. This great family medicine is not a strong and drastic drug, but a mild and healthful laxative that cures constipation and may be taken by a mere child without possible harm.

The healthful action on the liver cures biliousness. It has an invigorating effect on the kidneys. Because the liver and kidneys do not work regularly, the poisonous acids along with the waste from the bowels get back into the blood, and violent contagion results.

Timely treatment with Thedford's Black-Draught removes the dangers which lurk in constipation, liver and kidney troubles, and will positively forestall the threats of Bright's disease, for which disease in advanced stages there is no cure. Ask your dealer for 25¢ package of Thedford's Black-Draught.

You can apply Manzan inside, right where the pain is? It is put up in collapsible tubes with nozzle attachment for introducing it. Manzan stops pain instantly and cures a kind of blind, bleeding, itching and protruding piles. Sold by Warner's Pharmacy.

HERALD NOTES.
Try one of those Carpet Beaters at Whittington's only 10 cents.
Rockefeller's money looks pure and clean when you think of the way Hoeh got his.

Whoever needs the lesson, should learn that the law is a bad thing to monkey with.

At last the meddlesome investigators have got around to the tomato cat-soup of commerce. They say it contains unwholesome chemical ingredients and should be shunned. Well, it still can be used as red paint, can't it?

WANTED.—10 men in each state to travel, tack signs and distribute samples and circulars of our goods. Salary \$75.00 per month. \$3.00 per day for expenses. KUHLMAN CO., Dept. S, Atlas Building, Chicago.

One night is all the time necessary to prove that Pineules is the best remedy in the world for backache, kidney and bladder troubles. If you have rheumatism or any other blood disease a single dose will give relief. Sold by Warner's Pharmacy.

Backache is never known to those persons who take an occasional dose of Pineules. The value of the resin obtained from the Pine tree has long been recognized in the treatment of diseases of the bladder and kidneys. One dose of Pineules will give relief, and one bottle will cure. Sold by Warner's Pharmacy.

WANTED.—By Chicago Manufacturing House, person of trustworthiness and somewhat familiar with local territory as assistant in branch office. Salary \$18 paid weekly. Permanent position. No investment required. Business established. Previous experience not essential to engaging. Address, Manager Branches, 323 Dearborn St., Chicago.—23-6.

DEE'S Laxative HONEY AND TAR

An improvement over all Cough, Lung and Bronchial Remedies. Cures Coughs, Strengthens the Lungs and Gently Moves the Bowels.

Pleasant to the taste and good alike for Young and Old.

PREPARED BY
Pineule Medicine Co., Chicago, U. S. A.

MORTGAGE FORECLOSURE SALE.
Whereas default having been made in the conditions of a certain mortgage given by John Anderson and Lizzie Anderson, husband and wife and joint owners, of Boyne, Michigan, to Leonard F. Knowles, of the same place, bearing date the 12th day of November, 1903, and recorded on the 18th day of November, 1903, in the office of the Register of Deeds in and for Charlevoix County, Mich., in Book 35 of Mortgages on page 169; and whereas the amount claimed to be due on said mortgage at the date of this notice, including principal, interest and attorney's fee—as provided for in said mortgage—is the sum of Thirty-one Dollars and Thirty-nine Cents (\$31.39) for the recovery of which no proceedings or suit other than in equity have been commenced; Therefore for the purpose of enforcing the said mortgage, Notice is hereby given that by virtue of the power of sale contained in said mortgage and the statute in such case made and provided, on the 14th day of June, A. D. 1905, at ten o'clock in the forenoon, the undersigned will sell at the east front door of the Court House in the Village of Charlevoix, Charlevoix County, Michigan, that being the place where the Circuit Court for the County of Charlevoix is held, said mortgage, together with the interest thereon, or so much thereof as may be necessary to pay the amount of the proceeds on said mortgage together with seven per cent interest and all legal costs, to wit: Commencing at a point in line with the northeast line of Section five, the southeast corner of said line of Block G of N. Morgan's Add. to South Boyne and at a stake in said line four rods northwest of the southeast corner of Block G, thence running in a general direction northeast along the northeast line of High street five rods; thence running at right angles with the said line of High street northeast eight rods; thence in a general direction southwest and parallel with the said line of High street five rods; thence in a general direction southwest and at right angles to said High street eight rods to the place of beginning, all in Section thirty-five, Township thirty-South, of Range six west.

Dated this 10th day of March, 1905.
LEONARD F. KNOWLES, Mortgagee.
J. ERNEST CONVERSE, Attorney for Mortgagee.

RANCH FOOD FOR STOCK

If your stock is not doing just as well as you would like, there is undoubtedly a cause which can be easily remedied by RANCH FOOD. There is no season of the year when the condition of horses, cattle, sheep and hogs can not be improved by a tonic like RANCH FOOD, which tones up the animal system throughout, cleanses the blood and prevents disease. RANCH FOOD is almost infallible for the cure of the general diseases of domestic animals, including Distemper and Pinkeye in horses, Indigestion in cattle, Catarrhal Troubles in sheep and Hog Cholera. RANCH FOOD is not like the common stock foods on the market; it is made from roots, barks, herbs and seeds and is nature's own product scientifically compounded.

"RANCH FOOD is superior as a general conditioner and grain saver to anything I have ever used."—Ed. McVay, Sidney, Ohio.

Sold on a guarantee in 25 pound pails at \$3.00.
In Packages at 25 and 50 cents.

MANUFACTURED ONLY BY
H. G. HARTER & Co.
TOLEDO, OHIO.

For sale by STROEBEL BROS., East Jordan.

I have the most complete line of everything you can possibly want in

GROCERIES

and shall be glad to supply your wants at lowest possible prices.

We solicit a share of your patronage.

WILL RICHARDSON.

Buggies, Carriages, Wagons

We have just received a consignment of all kinds of Vehicles and can supply your needs at rock-bottom prices.

J. W. COATES BLACKSMITH and WOODWORKER.
Repairing Promptly Attended To.

EARN \$10,000 A YEAR. WHY NOT?

—THE—

International Correspondence Schools

WILL START YOU. MICH. ENROLLMENT OFFICE
AT TRAVERSE CITY.
B. F. HALL, 220 Front-st.

ASK AGENT TO CALL.

SINFUL HABITS IN YOUTH

MAKE NERVOUS, WEAK, DISEASED MEN.
The result of ignorance and folly in youth, overexertion of mind and body induced by list and excitement are constantly wrecking the lives and future happiness of thousands of promising young men. Some fade and wither in an early age, at the blossom of manhood, while others are forced to drag out a weary, fruitless and melancholy existence. Others reach matrimony but find no solace or comfort there. The victims are found in all stations of life—the farm, the office, the workshop, the pulpit, the trades and the professions. Nervous Debility and Seminal Weakness are guaranteed cures by our New Method Treatment or No Pay. You run your risk. 25 years in Detroit. Bank security.

CURED WHEN ALL ELSE FAILED. No names used without written consent. "I am 33 years of age and married. When young I led a gay life. Early indiscretions and later excesses made trouble for me. I became weak and nervous. My kidneys became affected and I feared Bright's Disease. Married life was unsatisfactory and my home unhappy. I tried everything—all failed till I took treatment from Drs. Kennedy & Kergan. Their New Method built me up mentally, physically and sexually. I feel and act like a man in every respect. They treated me six years ago. They are honest, can be cured by reliable doctors."—W. A. Bolton.

Dr. Kennedy & Kergan, 148 Shelby Street, Detroit, Mich.

FOLEY'S KIDNEY CURE

Will positively cure any case of Kidney or Bladder disease not beyond the reach of medicine. No medicine can do more.

FOLEY'S KIDNEY CURE

strengthens the urinary organs, builds up the kidneys and invigorates the whole system.

IT IS GUARANTEED
TWO SIZES 50c and \$1.00

SOLD AND RECOMMENDED BY
L. C. MADISON

Passed Stone and Gravel With Excruciating Pains
A. H. Thurnes, Mgr. Willis Creek Coal Co., Buffalo, O., writes: "I have been afflicted with kidney and bladder trouble for years, passing gravel or stones with excruciating pains. Other medicines only gave relief. After taking FOLEY'S KIDNEY CURE the result was surprising. A few doses started the brick dust, like fine stones, etc., and now I have no pain across my kidneys and I feel like a new man. FOLEY'S KIDNEY CURE has done me \$1,000 worth of good."

No Other Remedy Can Compare With It
Thos. W. Carter, of Ashboro, N. C., had Kidney Trouble and one bottle of FOLEY'S KIDNEY CURE effected a perfect cure, and he says there is no remedy that will compare with it.